

## SHAME HAS CHANGED SIDES

People grow up with the shame of being different, shame about their body image and the shame of their background but Jesus took all our shame upon him on the cross. In exchange, he gave us the ability to live as children of God. So if you are still living with shame learn how to drop the burden of it today.

Tune into Ek Nayee Zindagi, Monday to Friday at 6:30 AM on Colors TV. 

 [CBN India YouTube](#)

 [Ek Nayee Zindagi Facebook](#)

 [CBN India Instagram](#)



[Click here](#) to watch 

## FROM REJECTION TO HOPE

Aarti Sagar grew up feeling rejected and unwanted. Hurt by her family's treatment and struggling with deep shame, she longed for her life to change. But through prayer and God's love, Aarti found healing, peace, and hope. Today, she shares her story to encourage others.

Have you ever felt rejected by the people around you?

 Watch Aarti Sagar's full story.

## THE SHAME OF CHILDLESSNESS

Violet Sidhu shares her mother's story from Jammu—a journey through the pain of childlessness. After losing a baby, years passed without another child. She was called "baanj," excluded from celebrations, and carried deep shame. But God changed her story—Violet was born, followed by more children.

Have you seen someone go through this kind of shame?

 Watch the full story.



[Click here](#) to watch 



### JOIN THE ENZ FAMILY

CBN HAI JAHAN, EK NAYEE ZINDAGI KA  
SANDESH HAI WAHAN!

Scan here



Ek Nayee Zindagi is sharing real-life stories and messages of hope in sign language on Colors TV—reaching the deaf community in their own language. Many are still waiting to be reached.

Support the work and help someone feel seen, understood, and hopeful. Join the ENZ family, Scan the QR code or visit [www.cbnindia.org](http://www.cbnindia.org) to continue this journey with us.

Don't miss the Superbook Online Summer Camp filled with Bible adventures. Join Chris, Joy and Gizmo on Mission Possible with God. [Click here](#) to register your child, places are filling up fast.

